

2018

Hokkaido International
Mental Health
Innovation Workshop

Sunday 28 January - Friday 2nd February

Kiroro
Hokkaido Japan

Allied Medical Professionals for Education and Development
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SPEAKERS

Professor Patrick McGorry AO - Australia

Professor Patrick McGorry received his medical degree from the University of Sydney and his doctorate from Monash University in Victoria, Australia. He is a world-leading researcher in the area of early psychosis and youth mental health. Professor McGorry's work has played an integral role in the development of safe, effective treatments and innovative research involving the needs of young people with emerging mental disorders, notably psychotic and severe mood disorders.

Orygen Youth Health's early psychosis service, known as EPPIC, was founded by Professor McGorry in 1992, and has been hugely influential internationally. Its evidence-based model has been exported to many countries, and early intervention in psychosis has become one of the major growth points in international mental health reform. Orygen Youth Health's 240 clinical and research staff offer leading expertise in early psychosis, mood, substance use, and personality disorders. Orygen Youth Health provides clinical services to more than 700 young people at any one time. The Orygen Youth Health Research Centre is currently running 44 psychiatry research projects across a broad range of issues.

Professor McGorry has published over 300 papers and book chapters, edited five books, and serves as Editor-in-Chief of Early Intervention in Psychiatry. He is a Fellow of the Academy of the Social Sciences in Australia and has been the recipient of numerous awards, including: Australian of the Year 2010, the Melbourne Award for contribution to community in 2009, the Castilla Del Pino Award in recognition of his significant contribution to the field of Psychiatry in Spanish-speaking countries in 2009, the Australian Government Centenary Medal in 2003 and the Founders' Medal of the Australian Society for Psychiatric Research in 2001. In 2008, OYH won the prestigious Gold Achievement Award at The Mental Health Services Conference in 2008, in acknowledgement of OYH's excellence for their innovative achievement in creating an internationally recognised youth mental health treatment and research facility.

Professor McGorry has also played a major role in mental health reform in Australia. More recently he has been invited to attend the US/Canada Policy think tank on youth mental health.

As well as his contributions to the field of early psychosis, Professor McGorry has interests in the homeless, refugees and torture survivors, youth suicide, youth substance use and the treatment of emerging personality disorder.

With an emphasis on early intervention and a commitment to educating the community to the early signs of mental illness, Professor McGorry's extraordinary 34-year contribution has transformed the lives of tens of thousands of young people with emerging serious mental illness, the world over.

In 2010, Pat was awarded the distinguished title of Australian of the year.

Each year, Australia celebrates the achievement and contribution of eminent Australians through the Australian of the Year Awards by profiling leading citizens who are role models for us all. They inspire us through their achievements and challenge us to make our own contribution to creating a better Australia. The Awards honour an exceptional group of highly-respected Australians who ignite discussion and change on issues of national importance.

Professor Sung Wan Kim - South Korea

Dr. Kim's research and clinical work focus on the early identification and treatment of adults and youths with a severe mental illness. His areas of expertise include neurobiology, psychosocial intervention, community mental health service, as well as psychopharmacology for patients with schizophrenia. .

Dr Kim has played an important role in mental health service reform in Korea. He had been a visiting professor at Orygen Youth Health, Melbourne, Australia (2013). He subsequently founded 'Mindlink', the first special early intervention center for youth with psychosis in Korea. Recently, his early intervention models have been widely spread out in Korea.

Dr Kim has published more than 250 articles in peer-reviewed psychiatric journals, including 160 in Science Citation Index (SCI) journals. He also serves as the associate editor of 'Early Intervention in Psychiatry' and 'Clinical Psychopharmacology and Neuroscience'. He is a member of program committee of the SIRS 2018, IEPA, and CINP.

Professor Philippe Conus - Switzerland

After training as a specialist in internal medicine he specialized in psychiatry with a main focus on psychosis. He worked at EPPIC, Melbourne, for 4 years starting in 2000, focusing on first episode cohort's studies and on early intervention in bipolar disorders. After returning to Switzerland, he opened the TIPP-Lausanne early intervention program for psychosis.

He is currently conducting both clinical research on a cohort of first episode psychosis patients and translational research with the centre of neuroscience exploring basic mechanisms involved in the development of psychosis.

Professor Eric Chen - Hong Kong

Eric Chen has been working on understanding how the human mind could sometimes enter into a pathological state called Psychosis, and how best to help people in that state of mind. Psychosis occurs when the brain system of engaging with reality fails.

Eric studied medicine at Oxford and Edinburgh Universities. He received specialist psychiatry training at Nottingham and continued senior training in Cambridge, working with top scientists from the Cambridge University Department of Psychiatry and the Medical Research Council Applied Psychology Unit. There he developed his research interest in cognitive neuroscience approach to psychopathology, in particular schizophrenia and psychosis.

He embarked on the study of brain expressions of psychosis, developed the Cambridge Neurological Inventory. He also developed the use of neurocomputational modelling in the understanding of psychiatric symptoms. Over the years he endeavoured to map out the brain changes by exploring semantic and other cognitive abnormalities (such as executive function disorders) associated with Psychosis.

Ms Rosie Forster - Australia

Rosie is the Senior Department Manager for Practice, Policy and Partnerships, at the Royal Australian and New Zealand College of Psychiatrists (RANZCP). Her role at the RANZCP focuses on the strategic development and implementation of policy to advance the professional practice of psychiatry and improve the mental health of the community.

Building on leadership roles with the National Health and Medical Research Council, the National Institute of Clinical Studies, a Division of General Practice and the Commonwealth Department of Health, Rosie is committed to influencing the uptake of evidence into policy and practice, to improve the quality of mental health care. A crucial enabler for this work is partnering with other mental health professions, such as the partnerships enabled by the Mental Health Professionals Network.

Professor Max Birchwood - United Kingdom

Max Birchwood worked for many years as clinical director of youth mental health services and director of research and innovation in Birmingham and Solihull Mental Health Foundation Trust.

He pioneered the concept and practice of early intervention in psychosis in the UK and internationally and opened the UK's first Early Intervention in Psychosis service in 1994, informed by his concept of the 'critical period' in psychosis, which he translated into the mental health policy framework for the UK government as part of the NHS 'National Plan'. The service has been replicated with over 140 teams across the country and many internationally. He leads the national evaluation of these services through the NIHR National EDEN and SUPEREDEN programme grants.

Max was given the Richard Wyatt award for 'outstanding contribution to early psychosis research and treatment', by the IEPA (www.iepa.org.au). He has undertaken leading edge research into the application of CBT to psychosis: his RCTs in acute psychosis (1996; 2000), in reducing harmful compliance with command hallucinations (2004, 2013) and collaborative RCTs in high risk psychosis (2012), are regarded as breakthrough trials and have been incorporated into UK NICE guidelines for schizophrenia.

He has also undertaken extensive work developing the cognitive model of 'voices' , particularly the role of appraisals of voices' power and their role in driving affective dysregulation and compliance with command hallucinations. Max heads the mental health theme of the NIHR BBC CLAHRC (2008-2013) and NIHR CLAHRC West Midlands (2014-2019).

As clinical director, he developed the 'Youthspace' youth mental health programme for Birmingham and Solihull NHS Foundation Trust (www.youthspace.me) and is developing this further to embrace public youth mental health in Birmingham, promoting the early identification of emerging mental health problems in adolescence. Max is a member of the NICE guideline development group for schizophrenia in children and young people (2013) and adults (2014).

Dr Antony Henderson - Australia

Antony completed his undergraduate studies at the University of NSW, Australia, and was awarded the Bachelor of Medicine, Bachelor of Surgery and Bachelor of Science degree in 1996. He trained in general psychiatry in Sydney and achieved Fellowship of the Royal Australian and New Zealand College of Psychiatrists in 2009 and was awarded a training certificate in lectures for Psychotherapy. Antony is a member of the Royal Australian and New Zealand College of Psychiatrist Section of Forensic Psychiatry and the Australia and New Zealand Association of Psychiatry, Psychology and Law. He completed a Masters of Forensic Psychiatry at the University of NSW in 2015.

Antony has been a Lecturer and Research Fellow at the University of Sydney, received research and teaching awards and published original research in the area of substance abuse, cognition, trauma and personality disorder. He has also been a Clinical Researcher at the Brain and Mind Research Institute, University of Sydney, investigating cognitive impairment and depression in the ageing brain, novel treatments for depression and currently involved in a neuroimaging study exploring the biological substrates in PTSD. Antony has presented at scientific conferences in Australia, Europe and Asia.

Dr Henderson is currently employed as a Visiting Medical Officer for Justice Health & Forensic Mental Health Network at the Silverwater Metropolitan Reception and Remand Centre and attend a private forensic and general psychiatric private Common Ground, a centre for the homeless and low-income population operated by Mission Australia.

He regularly provides psychiatric reports to the Local, District and Supreme Courts and specialise in the diversion of legal clients with mental illnesses and conditions from the criminal justice system into psychiatric treatment.

Professor Ian Hickie AM - Australia

Professor Ian Hickie, AM is a psychiatrist and prominent mental health campaigner. He is a former NHMRC Australia Fellow heading the University of Sydney's Brain and Mind Centre as a Co-Director for Health and Policy, and is one of Australia's first National Mental Health Commissioners. The Commission oversees enhanced accountability for mental health reform in Australia.

Professor Hickie is an internationally renowned researcher in clinical psychiatry and a leading voice on mental health issues, with a special interest in youth mental health, and the prevention of and early intervention in emerging mood disorders. He has been instrumental in using clinical, health services and population health data to drive innovations in health services, particularly in primary care.

In partnership with Professor Patrick McGorry, he has been at the forefront of developing the youth mental health service headspace: the National Youth Mental Health Foundation. Professor Hickie passionately advocates for enhanced health and social services for those with persistent mental illness and for increased accountability in the delivery of those services. As inaugural CEO of beyondblue: a national depression initiative, he established important depression awareness, prevention and early intervention programs. As Board Member for Research at the Mental Health Council of Australia (2003-2006), he was at the forefront of assessing consumers' and carers' experiences of mental health services. The findings underpinned the COAG agreement of 2006-2011 providing AUD 5.5 billion in additional expenditure for mental health and the introduction of access to psychological services within the Medicare scheme.

From 2000 to 2003, Professor Hickie was CEO of beyondblue: the national depression initiative, and from 2003 to 2006 served as its Clinical Advisor.

In 2003, Professor Hickie was appointed as the Executive Director of the Brain and Mind Centre (formally the BMRI). He was appointed as Co-Director, Health and Policy of the Brain and Mind Centre in 2015.

From 2008 to 2013, he was one of the first round of new NHMRC 2008 Australian Fellows and was appointed to the Federal Health Minister's National Advisory Council on Mental Health and then, in 2010 to 2011, the Federal Ministers Mental Health Expert Advisory Group.

In 2015 he became a fellow of the new Australian Academy of Health and Medical Sciences. From 2012, Professor Hickie was appointed as one of Australia's first National Mental Health Commissioners and was reappointed to a second term in that role in 2014, to oversee enhanced accountability for mental health reform in Australia.

Professor Debra Rickwood - Australia

Debra Rickwood (PhD) is Professor of Psychology at the University of Canberra and Chief Scientific Advisor to headspace: Australia's National Youth Mental Health Foundation. She is a Fellow of the Australian Psychological Society and a member the College of Community Psychologists. Debra holds current major appointments to the NHMRC Expert Advisory Group on the Structural Review of the NHMRC Grant Programme; the Scientific Leadership Council for the Cooperative Research Centre for Young People, Technology and Wellbeing; and the Australian Institute of Criminology Human Research Ethics Committee. She is a past Board Director of the Australian Psychological Society and has held Federal government ministerial appointments to the National Health and Medical Research Council's Australian Health Ethics Committee and Australian Health Care Committee.

Debra is involved in research, evidence translation and knowledge transfer related to mental health and wellbeing, particularly for young people. Her work spans the entire spectrum of interventions, but has a major focus on help-seeking behaviour, early intervention, and the role of new and emerging technologies in promoting young people's mental health through an 'e-spectrum' of interventions. She has undertaken significant policy-related work for the Australian government in relation to promotion, prevention and early intervention for mental health, and for the Australian Psychological Society related to both substance use and gambling.

Professor John Kane - USA

John M. Kane, MD is Vice President for Behavioral Health Services of the North Shore - Long Island Jewish Health System and Chairman of Psychiatry at The Zucker Hillside Hospital. He is Chairman of Psychiatry and Professor of Psychiatry and Molecular Medicine at the Hofstra North Shore-LIJ School of Medicine. Dr. Kane received his B.A. from Cornell University and his M.D. from the New York University School of Medicine. He currently directs the NIMH-funded Advanced Center for Interventions and Services Research in Schizophrenia at The Zucker Hillside Hospital. He has been a member of the Board of Scientific Counselors for NIMH, and he has served on the council of the American College of Neuropsychopharmacology. He has chaired the NIMH Psychopathology and Psychobiology Review Committee as well as the Psychopharmacologic Drugs Advisory Committee of the Food and Drug Administration.

Dr. Kane is a schizophrenia researcher with extensive experience in intervention and services research. He directs an NIMH-funded Advanced Center for Services and Interventions Research that has provided an infrastructure for many of these efforts. For over 30 years, Dr. Kane has been an international leader in the field of schizophrenia research. His work has focused on improving the early diagnosis and treatment of this illness, as well as developing new treatments and treatment strategies to improve its long-term course and outcome. He was a pioneer in the study of first episode schizophrenia and also conducted groundbreaking work with clozapine for treatment resistant schizophrenia. He has continuously focused on both therapeutic and adverse effects of psychotropic drugs, thereby informing benefit-to-risk considerations.

Dr. Kane has always been on the forefront of bringing the next generation of medicines to patients in order to enhance long-term effectiveness and quality of life. His research program is also committed to utilizing new technologies that can enhance access, quality of care and outcomes while increasing cost effectiveness.

Dr. Kane also devotes his efforts to standardizing the outcome measurements employed in psychiatric research and helping to ensure the translation of research into clinical practice. He and his colleagues have helped to determine treatment strategies for all phases and subtypes of schizophrenia. His findings have been circulated worldwide and have become part of the fabric of modern care.

Dr. Kane is a recipient of the Arthur P. Noyes Award in Schizophrenia, the NAPPH Presidential Award for Research, the **American Psychiatric Association Foundations' Fund Prize for Research, the Kempf Fund Award for Research Development in Psychobiological Psychiatry, the Lieber Prize for Outstanding Research in Schizophrenia, the Heinz E. Lehmann Research Award from New York State, and the Dean Award from the American College of Psychiatrists.**

Jill Davidson - Australia

Jill has had over 25 years' experience as a health executive including Director of Nursing. She has been CEO of large and small hospitals and health services in Victoria, NSW and now South Australia. Currently CEO, SHINE SA, in South Australia, she was previously CEO, Primary Care Connect (Vic), CEO of Dental Health Services Victoria and Orbost Regional Health as well as General Manager of Albury Base Hospital. Passionate about service planning for rural health, she spent 35 years in rural acute and community services with 13 years as CEO of a successful Multi-Purpose Service in Far East Gippsland.

Jill has held senior positions in the Australasian College of Health Service Managers (ACHSM), is a Board Director at the Australian Healthcare and Hospital Association (AHTA) and Adelaide Primary Health Network, member South Australian Public Health Council, the Ministerial Advisory Committee on BBV & STIs (MACBBVS) and has been previous Board Director of Victorian Alcohol and Other Drugs (VAADA), GetGP Gippsland and member of the National Aged Care Alliance.

With a wealth of experience in service planning for rural communities and a background in mental health, Jill brings a comprehensive view to service planning for marginalised populations.

WORKSHOP PROGRAM

SUNDAY, JANUARY 28 18:00	Introductions - Conference overview Meet and greet function
MONDAY, JANUARY 29 16:30 – 19:30	Professor Patrick McGorry Youth Mental Health Reform: A global issue Professor John Kane Update on antipsychotic strategies in early psychosis Professor Eric Chen Planning a youth mental health program in Hong Kong from scratch Panel Discussion
TUESDAY, JANUARY 30 16:30 – 19:30	Professor Philippe Conus Stress and the city: the need for new avenues to explore the link between urbanicity and psychosis Professor Ian Hickie Tracking multi-dimensional, long-term outcomes in young people presenting for mental health care Professor Max Birchwood Does Cognitive Behavioral Therapy for psychosis have a future Panel discussion
WEDNESDAY, JANUARY 31 16:30 – 19:30	Professor Debra Rickwood Access and Outcomes in 'Headspace' services Professor Sung Wan Kim Biomarkers in a clinical cohort of first-episode psychosis Rozie Forster Update on the RANZCP's Clinical Practice Guidelines' Panel Discussion
THURSDAY, FEBRUARY 01 16:30 - 19:30	Dr Antony Henderson Asperger's Syndrome and Offending Behaviour Professor Maximillian Birchwood Predicting transition to Eating Disorders in adolescence: a school- based prospective cohort study Jill Davidson Creating an LGBTI specific health service for the transgender community in South Australia Panel Discussion
FRIDAY, FEBRUARY 02 16:30 – 19:30	Professor Eric Chen Long-term consequences of medication discontinuation following first episode psychosis. Professor Patrick McGorry Suicide Prevention in Young People Professor Philippe Conus Trauma and outcome in first episodes' psychosis: the impact of age at the time of exposure Panel Discussion